



FAQs

FREQUENTLY ASKED QUESTIONS



I Like To Shake It!

What makes this Shake kid-specific?

The reduction in protein content and the flavoring were designed specifically for children.

Can my child have more than one shake in a day?

Yes.

My child used the regular Shake before this was released, is that okay?

Yes, there is no harm from consuming the IDLife Shake. After review with our Scientific Medical Advisory Board, the Kids Shake was developed because it is easier for children with developing bodies to process lower protein content.

My child has a milk allergy or is lactose intolerant, can they consume the Kids Shake?

The Kids Shake contains whey protein derived from milk. The shake is cold-filtered and hydrogenated to remove as much lactose as possible, however there still remains a measurable amount in the product.

What liquid should I mix with the Kids Shake?

Your choice.

Why is there sugar in the Kids Shake? What is it from?

The low amount of sugar listed naturally occurs from the natural, plant-based ingredients in the Shake. There is no added or artificial sugar.